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P.O. BOX 81105, SAN MARINO, CA 91118-1105
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Malaysia Association of Southern Californians



Message From The President

Selamat Kawan Kawan,

Relationship!! What is in a relationship? Very important-lah! Relationship can be positive, happy and stress free or negative, troublesome and stressful. That means you live long or die young, suffering for no reason.

I am not an expert and I don't claim to be one. BUT, I am orang tua-lah and I have eaten more salt than most of you have eaten rice and cross more bridges than you have walk roads.

Betul-lah! You are not seeing triple. The above is a repeat, repeat performance. The reason being I am continuing on the topic of relationships and the above paragraphs are good enough to continue to be an effective introduction. Moreover, the second paragraph serves as a legal protection issue on professional liability.

This is the third article on relationship which is the **RESPECT** part of a relationship.

Do you respect yourself? Self respect is the most important element of emotional health. When you don't respect your self you cannot respect any thing or anyone. You end up full of loath, hate and guilt. These are negative attitudes and behavior.

If you don't respect yourself how can you expect others to respect you? It is open sesame for people to walk all over you. What a terrible hole to be in. Get out NOW!!! Stop dwelling in the negative world of self pity. Look-up at the beautiful world around you and be happy you are living and kicking. Be positive! Be happy!

Do you respect other's needs, thoughts and thinking? People who respect others do not impose themselves and their opinions on others. They agree to disagree. They use words such as 'we' instead of 'you' and 'I'. They do not waste their energy on finger pointing but use it for finding and solving problems. It is not "who is the problem?", but what is the solution?

Accept problems and stresses in a positive way. Deal with it to the best of your resources which include resources from others such as a good supportive talk.

Trust in the Lord and pray for guidance and you shall overcome.

Stop to smell the roses, be positive and continue to work for better relationships.

Love & Peace

Mama Ean



**Happy New Year to All Our
Members**



Coming Events

Mark your calendar!

Monthly Potluck and Karaoke

Date: 6 Jan 2007 (Sat)

Time: after 7 pm

Place: 2715 Madrillo Court, Pasadena, Ca 91107



Great event to get to know your fellow members and sing your heart out. Bring your favorite dish for your family/group plus for four more people. RSVP: Ean (626) 796 0080, or email: pechong@mascusa.com Waiver will be issued and to be signed.



Ean's Birthday

Date: 13 Jan 2007 (Sat)

Time: 7 pm sharp

Place: Ritz Garden, 2000 Main St, Alhambra, Ca

Price: \$23 per person (no discount for children)

RSVP: RSVP by 9 Jan to Ean.



It's party time. Let's celebrate Ean's birthday together, and enjoy a 10 course dinner, dance and karaoke. RSVP by 9 Jan to Ean. Cell: (626) 319 7289, Office: (562) 466 5218, House: (626) 796 0080. Checks are to be made out to Pek Ean Chong and mail to her address at 2715 Madrillo Court, Pasadena, Ca 91107.



Chinese New Year Dinner and Dance

Date: 24 Feb 2007



Celebrate the Lunar New Year with a delectable seafood dinner, dancing and prizes. This is a very popular MASC tradition, so save a date for this event! Watch the website and your mail for details.

Welcome New MASC Members

Mark Emmons
Davis Tang
Alex Seemin Tan
Jeffrey Ong
David Lim



QUOTE OF THE MONTH

“All beginnings require that
you unlock a new door.”

R.Nachman

Past Events

Lantern Festival

7 Oct 2006: It was a night of bright lights and happy faces. MASC held its Lantern Festival at Live Oak Park, Temple City, and about 80 members and their family turned up at this event.

Members enjoyed the Malaysian food, mooncakes and music. The youngster showed great creativity in the lanterns that they brought for the lantern contest. Keep up the good work, and we look forward to next year's crop of entries!



Thanksgiving Dinner

23 Nov 2006: MASC held its traditional Thanksgiving Dinner, one of the favorite events for its members.

It was held at Ean's house, and it was well attended by our members. They shared an evening of friendship and giving thanks for the treasured things in life. Members enjoyed a good mix of traditional turkey and gravy and some popular Malaysian fare.



Christmas Potluck

9 Dec 2006: It might be cold outside, but MASC members enjoyed themselves at the monthly potluck which was also Our X'mas Potluck.

Rina and Mike graciously hosted the gathering at their house. Members brought a variety of yummy dishes, and after that, there were lots of spirited karaoke fun and chit chat.





**MALAYSIA ASSOCIATION OF
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